

| State Board of Education Rule:           | 6A-1.094122 Substance Use and Abuse Health Education |  |  |
|--|--|--|--|
| Name of the School District              | Holmes   |  |  |
| Superintendent of the School District    | Terry L. Mears                                       |  |  |
| Implementation Period: (MM/YY – MM/YY)   | 01/20-05/20  |  |  |
| Submission Date to the Commissioner      | On November 26, 2019 sent to                         |  |  |
|  | SubstanceAbusePrevention@fldoe.org                   |  |  |
| Direct URL to the Implementation Plan    |  |  |  |
| as posted on the school district website |  |  |  |
| School District Contact(s) for this Plan | Pamela Price, <u>pamela.price@hdsb.org</u>           |  |  |
| (name and email address)                 |  |  |  |
|  |  |  |  |

| Select the specific subject area(s) of the courses in which instruction will be delivered:               |                              |                              |                   |  |
|--|------------------------------|------------------------------|-------------------|--|
| $\Box$ Art – Visual Arts   | Experimental Education       | Peer Counseling              | □ World Languages |  |
| $\Box$ Computer Education  | $\boxtimes$ Health Education | Physical Education           | □ Other           |  |
| □ Dance  | 🗆 Library Media              | □ Research/Critical Thinking |                   |  |
| □ Drama – Theatre Arts   | □ Mathematics                | □ Science                    |                   |  |
| □ English/Language Arts  | $\Box$ Music Education       | Social Studies               |                   |  |
| Select the qualification(s) of the instructors for the above courses:                                    |                              |                              |                   |  |
| ⊠ Florida Certified Teacher  |                              |                              |                   |  |
| Community-based Expert   |                              |                              |                   |  |
| □ School Nurse   |                              |                              |                   |  |
| School Counselor   |                              |                              |                   |  |
| School Psychologist  |                              |                              |                   |  |
| □ Other  |                              |                              |                   |  |
| Please explain the rationale for delivering the instruction in the courses selected above for each grade |                              |                              |                   |  |

level.

K: Physical Education is the course that we chose to provide the required instruction in so that we did not interrupt core classroom instruction.

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3: Physical Education is the course that we chose to provide the required instruction in so that we did not interrupt core classroom instruction.

4: Physical Education is the course that we chose to provide the required instruction in so that we did not interrupt core classroom instruction.

5: Physical Education is the course that we chose to provide the required instruction in so that we did not interrupt core classroom instruction.



6: Physical Education is a course that we could reach 6<sup>th</sup> grade students in to ensure that they were provided the required instruction and not interrupt core classroom instruction.

7: Physical Education is a course that we could reach 6<sup>th</sup> grade students in to ensure that they were provided the required instruction and not interrupt core classroom instruction.

8: Physical Education is a course that we could reach 6<sup>th</sup> grade students in to ensure that they were provided the required instruction and not interrupt core classroom instruction.

9: HPOE is a course that we could reach 9<sup>th</sup> grade students in to ensure that they were provided the required instruction.

10: World History is a course that we could reach 10<sup>th</sup> grade students in to ensure that they were provided the required instruction.

11: United States History is a course that we could reach 11<sup>th</sup> grade students in to ensure that they were provided the required instruction.

12: American Government/Economics are the two courses that we could reach 12<sup>th</sup> grade students in to ensure that they were provided the required instruction.

Please describe the methods for delivering the instruction for each grade level.

K: Classroom lessons are presented using the *MBF Child Safety Matters*<sup>®</sup> program by a trained facilitator using a turnkey script along with an engaging, interactive PowerPoint including direct instruction, group discussion, skills-practice activities, videos, and games. Student progress towards learning goals is monitored with the use of an essential review.

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6: Classroom lessons are presented using Newslea by a trained facilitator using scripted lesson plans along with an engaging, interactive digital content including direct instruction, group discussion. Student progress towards learning goals is monitored with the use of an essential review.

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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

K: *MBF Child Safety Matters*<sup>®</sup> Elementary School Curriculum by the Monique Burr Foundation for Children. The program is a comprehensive, evidence-based curriculum for elementary school students in grades K-5 that educates and empowers children and all relevant adults with developmentally appropriate information and strategies, including 5 Safety Rules and Safe Adults, to prevent, recognize, and respond appropriately to bullying, cyberbullying, all types of abuse and exploitation/trafficking, as well as digital abuse dangers. Four independent research studies have examined the effectiveness of the program with positive results for both student knowledge gains and facilitator implementation fidelity. *MBF Reinforcement Materials*: Parent Information Sheets, 5 Safety Rules Safe Adult Bookmarks, Safety Rules Posters and School Banner.



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6: *Newsela* lesson plans and articles that discuss current Substance Use and Abuse Prevention will provide our students will developmentally appropriate information and strategies to prevent the use and abuse of substances.

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